

## Referring Health Professional Details

Name: \_\_\_\_\_

Profession: \_\_\_\_\_

Clinic / Organisation: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

## Client Details

Full Name: \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Preferred Contact Method: \_\_\_\_\_

Next of Kin:

## Referral Stream

- |  |   |
|--|---|
| <input type="checkbox"/> Women's Health                | <input type="checkbox"/> Return to Exercise / Return to Run |
| <input type="checkbox"/> Pelvic Health                 | <input type="checkbox"/> Sports Rehabilitation              |
| <input type="checkbox"/> Pregnancy                     | <input type="checkbox"/> Chronic Pain / Hypermobility       |
| <input type="checkbox"/> Postpartum                    | <input type="checkbox"/> Post-op Rehab                      |
| <input type="checkbox"/> Musculoskeletal Physiotherapy | <input type="checkbox"/> Other: _____                       |
| <input type="checkbox"/> Clinical Pilates              |   |

## Presenting Concern / Reason for Referral

- |   |  |
|---|--|
| <input type="checkbox"/> Bladder Leakage              | <input type="checkbox"/> Postnatal Recovery              |
| <input type="checkbox"/> Urgency / Frequency          | <input type="checkbox"/> Diastasis Recti                 |
| <input type="checkbox"/> Constipation                 | <input type="checkbox"/> Strength & Movement Retraining  |
| <input type="checkbox"/> Prolapse Symptoms            | <input type="checkbox"/> Persistent Musculoskeletal Pain |
| <input type="checkbox"/> Pelvic Pain                  | <input type="checkbox"/> Chronic Musculoskeletal Pain    |
| <input type="checkbox"/> Pain with Intercourse        | <input type="checkbox"/> Acute Musculoskeletal Pain      |
| <input type="checkbox"/> Pregnancy Related Conditions | <input type="checkbox"/> Other: _____                    |

## Relevant Clinical Background / Current Care

## Current Treatment Already Provided

## Goals for Shared Care / What You'd Like Us to Focus On



## Urgency

- |  |  |
|--|--|
| <input type="checkbox"/> Routine                         | <input type="checkbox"/> Urgent Prolapse         |
| <input type="checkbox"/> Priority Pregnancy / Postpartum | <input type="checkbox"/> Post-operative Recovery |
| <input type="checkbox"/> Urgent Pelvic Pain              | <input type="checkbox"/> Athlete Return to Sport |

## Referrer Signature:

\_\_\_\_\_

**Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Please send referral to:

### Body Sync Physiotherapy

Physiotherapy | Pelvic Health | Women's Health | Clinical Pilates | Rehab